

COVID Policy for Mentors

Rogue Valley Mentoring will follow state and federal mandates, as well as guidelines set by the school districts we operate within. These guidelines are subject to change as new data and information continually emerges.

- All mentors & staff who will be entering schools to facilitate Circles must be fully vaccinated before they are allowed on-site. Fully vaccinated means at least 14-days post final vaccine dose.
- All parties should wear masks, face coverings, or face shields when participating in activities in indoor spaces, in cars, and outside when social distancing may be difficult. This is true for everyone, regardless of vaccination status.
- All parties should support physical distancing during meetings. Physical distancing refers to maintaining a distance of 6 feet or more between yourself and others.
- Parties may travel in cars together at the mentor's discretion. If a mentor is unwilling to travel in a vehicle with youth but would still like to meet in person, they should arrange other transportation with the youth's caregiver.
- Avoid crowds and poorly ventilated spaces when deciding on activities with your mentee.
- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
 - If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover coughs and sneezes.
 - If you are wearing a mask: You can cough or sneeze into your mask. Put on a new, clean mask as soon as possible and wash your hands.
 - If you are not wearing a mask: Always cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow and do not spit. Throw used tissues in the trash.
- Monitor your health daily. Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.
- If a youth, staff, or volunteer contracts COVID-19, they should notify Rogue Valley Mentoring immediately. Parties will be notified if they have come in contact with someone with COVID-19 and need to quarantine.

In the event that there is a confirmed COVID-19 case connected to a volunteer, staff person, or youth, Rogue Valley Mentoring will work with Jackson County Public Health on contact tracing and quarantining close contacts.

Please note that mentors are empowered and encouraged to take further precautions to prevent the spread of COVID-19 to the extent that makes them feel safe and comfortable. Rogue Valley Mentoring has provided a list of remote/virtual activities for matches who do not feel comfortable meeting in person at this time.

Please, reach out to Lynn (240-605-6572) or Payton (541-816-7581) to let them know if you are not comfortable meeting in-person, and we will make sure that other alternatives are put in place.