

Becoming an Approved Volunteer Youth Mentor

Volunteer Mentors with Rogue Valley Mentoring (RVM) have the opportunity to support youth via a 1:1 Mentoring Match, or in our School Circles and Community Programs. Volunteers in School Circles and Community Programs may undergo additional training and approval processes than described here. We offer a \$50 monthly stipend to volunteers in an active 1:1 Match, or Circle / Program.

Our 1:1 Match program matches a consistent, caring adult with a youth seeking a mentor. As a mentor, you would meet with your mentee, their family, and RVM staff at our Nature Center, and only enter the match if you, the mentee, and their family all agree. Mentors spend about 2 hours per week, or a few hours every couple weeks, with their mentee. We try to match mentors with youth that have similar interests; you and your mentee will decide how to spend your time. Activities can include: playing cards or board games, playing sports, getting hot chocolates, going for a hike, or making art. We offer gift cards for activities like bowling, ice skating, and the rock climbing gym.

Our School Circles take place at Talent Middle School and Prospect Charter School for the 2023-2024 school year. Volunteers can support as substitute co-mentors for these circles when staff are out, or regularly attend & co-facilitate a specific day & time, with proper training and prior experience.

Our free Community Programs include the Youth Leadership Advisory Board, Free To Be circle, collaborations with Spartan Boxing and Boys & Girls Club Talent during the 2023-2024 school year, and an annual Summer Camp! Volunteers can support these programs as approved by RVM staff, with proper training and prior experience.

The volunteer mentor approval process includes the Mentoring Essentials Training, a Background Check including Fingerprints, an Interview with RVM staff, and RVM staff checking 3 References you provide on the Mentor Application. This process is free to you, and fingerprints can be rolled at several retail locations around the Rogue Valley.

Our <u>next Mentoring Essentials Training</u> will be October, 2024: 10/15, 10/17, 10/22, & 10/24 - Tues & Thurs Evenings, from 6p-9p. You must attend all days of training.



Please, confirm if you would like to be added to our wait list for this training via email, call, or text: jenna@rvmentoring.org & 541-708-6688.

- Location: RVM Nature Center, <u>2931 S Pacific Hwy, Medford, OR 97501</u>.
 **Follow signs to 'Nature Center' after entering Lithia & Driveway Fields.
- **Training Details:** Our Mentoring Essentials Training is free for those who commit to volunteering with RVM for at least a year after completing it. <u>There is a \$300 fee to take the training without becoming a volunteer.</u>

The training covers strength-based communication, trauma-informed care, youth development, active listening, and avoiding bias; it also gives scenarios in small groups to practice the skills learned.

Steps to become an approved Mentor with Rogue Valley Mentoring:



- 1. Complete this website form: Mentor Application or Scan here >
 - a. A final form for your Background Check will be sent after we receive your Mentor Application
- 2. Email or text me photos of the front & back of your Driver's License, State ID, or Passport: I need the identification photos to submit the background check. You can email nechelle@rvmentoring.org, or text to 541-708-6688.
- 3. **1:1 Match volunteers, send a photo or screenshot of your auto insurance card:** Email nechelle@rvmentoring.org, or text to 541-708-6688.
- **4. Schedule & attend an Interview** with our Match Program Coordinator, Chelsea Beeler. Let me know what days & times work well for you, please.
 - a. Interviews take place in-person at 2931 S Pacific Hwy in Medford, Oregon.
- 5. Your background check will begin once we have received the required forms and photos of your identification, and we will begin calling your references once your background check is complete.

Still have questions about volunteering with RVM? Reach out!

- 1:1 Matches Chelsea, Match Program Coordinator: chelsea@rvmentoring.org
- School & Community Programs Kat, Program Director: kat@rvmentoring.org